

Sunny Jones

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## OBJECTIVE:

To acquire a challenging position in a physical therapy facility emphasizing orthopaedics and sports medicine that would enable me to utilize my previous clinical and educational experience.

## EXPERIENCE:

**Sagar Apollo Hospital, Bangalore, India:** from Feb 2007 to July 2007

### *Key Responsibilities:*

- Managed ICU and in patient department.
- Successfully managed fitness department alone, performed full evaluation of clients for weight loss and weight gain programme and prescribed training according to their requirements.
- Managed OPD .
- Provided home care services also as per requirement.
- Managed all inpatient and outpatient documentation as per guidelines.

**Medifit Consultants, Bangalore, India:** Full time from Sept 2006 to Jan 2007 and part time from Feb 2007 to May 2008.

### *Key Responsibilities:*

- To Visit IT companies in Bangalore as consultant physiotherapist and assess the client's fitness parameters like stamina ,BMI ,body composition, flexibility etc
- Designing specific programme according to client requirements.
- Provide counseling in areas of weight gain, weight loss, stamina development, flexibility enhancement.
- Provide guidelines and presentations on how to prevent ergonomical problems associated with desk work
- Treated clients with various postural and problem related with poor ergonomics.

## EDUCATION:

**Masters in Orthopaedics and Sports Physiotherapy (2007 – 2009)**

Rajiv Gandhi University of Health Sciences, Bangalore, India

*Aggregate Score:* 65%

*Thesis Undertaken:* Effect of exercise intensity and duration on weight loss programme in obese females-Experimental study of 3 months

*Clinical Training:*

- National Institute of Mental Health and Neuro Sciences (NIMHANS) ,Bangalore, India
- HOSMAT Hospital, Bangalore, India
- St John's Hospital, Bangalore, India

**Bachelors in Physical Therapy (2001 – 2006)**

Devi Ahilya University, Indore, Madhya Pradesh, India

*Aggregate Score: 70%*

*Clinical Training:*

- Bhandari Hospital and Research Center, Indore, India (Ortho, Neuro , Surgical , Burn and Gynaec unit)
- Astha Old Age Home, Indore, India
- ESI hospital, Indore, India
- Sri Aurobindo Institute of medical sciences, Indore, India

*Project Undertaken:* Prevention of Deformities in CP.

**CLINICAL EXPERIENCE (UNDERGRADUATE):**

- Voluntary training of six month in Bombay Hospitals, Indore, India
- Voluntary training of one month in HOSMAT Hospital, Bangalore, India

**PROFESSIONAL LICENSURE:**

State of New Mexico, USA (License Number **012463**)

**PROFESSIONAL ORGANISATION:**

Membership of Indian Association of Physiotherapy (IAP) (Membership No -**L17139**)

**ACTIVITIES:**

- Got First prize for paper presentation competition held at Garden City College, Bangalore, India in 2009.
- Certification Course in Myofascial Therapy by Dr Arun held at Bangalore, India in 2008.
- Attended the workshop on spinal cord injury rehabilitation held at Delhi, India in 2006.
- Attended the World Spine Care Conference held at Indore, India in 2005.

# John Paul Miller

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## **EDUCATION:**

**Bachelors in Physiotherapy (B.P.T.), 2002-2007** GPA: 65.50%

Gujarat University, S.B.B. College of Physiotherapy, Ahmedabad, India

**Diploma in Nutrition and Health Education (D.N.H.E.), 2007-2008** GPA: 72.67%

Indira Gandhi National Open University, Ahmedabad Regional Centre, India

## **LICENSE:**

**Illinois Physical Therapy License, 2009**

## **EXPERIENCE:**

**VLCC Healthcare Ltd., India      Consultant Physiotherapist      *Apr 2007 to Oct 2007***

Main responsibilities included

- client counseling regarding weight management and ways to incorporate exercises in daily life
- exercise prescription (aerobic and strengthening) based on body shape and BMI
- regular follow ups
- training and supervising the junior therapists for massage therapy and electrode placements
- conducting regular seminars on health related issues in the center
- coordinating with the dietitian and physician to provide client with comprehensive weight management

**Vadilal Sarabhai Hospital, India      Intern      *Oct 2006 to Mar 2007***

- Worked in various departments of the hospital including Electrotherapy, Orthopedic, Pediatrics, Skin, I.C.U., Emergency, Neurology, and Cardio-respiratory
- Responsibilities included regular rounds in the hospital wards, patient evaluation, formulating physical therapy diagnosis, planning and executing treatment and performing follow ups
- Case presentations, project work and conducting classroom lecture sessions for peers and juniors

## **VOLUNTEERING:**

**Rehabilitation Institute of Chicago, IL, US**

*Sept 2008 to May 2009*

- Completed 35 hours of volunteering in various outpatient PT departments of RIC namely Ravenswood Day Rehabilitation Centre and outpatient PT/OT department of Northwestern Memorial Hospital
- Responsibilities included maintaining cleanliness in the department, communicating with patients, observing PTs/ OTs work and assisting with clerical work
- Attended seminars and volunteered for field projects

**The Claremont, IL, US**

*July 2009 to Sept 2009*

Main responsibilities included assisting in therapy sessions at the PT department, conversing with patients and helping to maintain cleanliness in the department

## **RESEARCH PROJECTS:**

- “Effect of Backpack loading on Cervical and Shoulder Posture and Chest Expansion in Indian School Children”; dissertation as part of B.P.T.
- “Management of Type 2 Diabetics with the help of diet and exercises”; project work as part of D.N.H.E.
- “Convergence Eye exercises to Improve Vision”; Abstract

## **WORKSHOPS:**

- Workshop on **Manual Therapy Concepts** in Integrated Approach (Cyriax, Maitland, McKenzie, Vleeming and Mennell concepts) for the **Vertebral Column and Pelvic Complex** , 2007  
Convened by S.B.B. College of Physiotherapy, Ahmedabad, India 32 contact hours
- Professional Development Course on **Manual Therapy for Lumbar and Cervical Spine** (Hands on Workshop), 2006  
Convened by Sanjivni Physiotherapy Centre, Udaipur, India 36 contact hours

## **SEMINARS & CONFERENCES:**

- An Introduction & Update on Evidence Based Physiotherapy & Clinical Practice Guidelines,2007  
Civil Hospital, Ahmedabad, India.

- 45<sup>th</sup> Annual Conference of the Indian Association of Physiotherapists, 2007  
Kolkata, India
- 44<sup>th</sup> Annual Conference of the Indian Association of Physiotherapists, 2007  
Ahmedabad, India
- Seminar on Role of Special Teacher in Cerebral Palsy, 2006  
Polio Foundation, Ahmedabad, India
- Symposium on Voluntary Control of Movement, 2005  
K. M. Patel Institute of Physiotherapy, Karamsad, India
- C.M.E on Electro physics- An Update of Physical Principles and Application, 2005  
K.M. Patel Institute of Physiotherapy, Karamsad, India
- C.M.E. on Normal- Abnormal EMG- NCV Study, 2005  
44<sup>th</sup> Annual Conference of I.A.P., Ahmadabad, India

### **ACHIEVEMENTS & AWARDS:**

- Secured first rank in Gujarat University by securing highest scores in first year of Bachelors in Physiotherapy
- Completed graduation in Bharatanatyam, an Indian classical dance, from Darpana Academy of Performing Arts after 9 Years of training; have been part of Darpana's professional dance troupe and performed all over India

### **CERTIFICATION:**

#### **Basic Life Support (BLS) for Health Care Providers (CPR & AED), 2009**

American Heart Association, Illinois, United States

### **LANGUAGE SKILLS:**

Proficient in English, Hindi, Gujarati and Tamil and currently pursuing Accelerated Spanish language classes at Harper College, IL.